


Devotional **Performance** **Review**





Devotional Performance Review

The Devotional Performance Review chart has been meticulously crafted to offer spiritual guidance and uplift individuals on their journey. It provides comprehensive training in various aspects of devotion, with the ultimate goal of nurturing character, culture, and integrity. Our aim is to create an environment in which individuals can draw closer to Lord Krishna and his divine associates.

Krishna consciousness represents a lifelong journey for each individual, leading them towards self-realization and perfection. The review chart serves as a guiding tool for self-assessment, offering an evaluation of one's progress.

Consistently practicing the devotional performance review chart with sincerity and patience yields the best results. Gradually, one can approach the attainment of Lord Krishna's lotus feet.

Hare Krishna!"



BASIC ASPECTS

SR.NO	DEVOTIONAL ASPECT	PROGRESS
1	Rising Early: 3 am, 3:30 am, or 4 am at the least. Mangala Arati/ Morning program: 4:30 am to 9 am - whether at the temple, home, office, or anywhere else. Maintain a strong and regular spiritual morning sadhana every single day.	
2	Chant 16 good strong rounds of the Hare Krishna Maha Mantra on japa beads each day without fail. Approach this practice with great attention, gratitude, and a sincere heart. Chant in the company of fellow devotees, or in front of Tulsi, and if that's not possible, consider joining online gatherings with fellow devotees. Aim to complete 6 to 8 rounds of chanting before Mangala Arati, and endeavour to finish all 16 rounds by 7:15 am, or by 9 am at the latest. In exceptional circumstances, complete your rounds by the end of the day. The holy name is krsna and supremely powerful.	
3	Honour food that is only pure, cooked with devotion for lord, cooked by devotees, offered to Krsna either at home / temple, prasad.	
4	Strictly avoid eating food that is cooked by sinful people or materialists (karmi) or in hotels, restaurants, shops, street food, dabbawala, etc.	
5	A. No illicit sex, no contraception, no pills, no abortion, strictly. B. No Gambling, stealing, lying, Bribery, crookedness, hypocrisy, duplicity, politics or diplomacy. C. No Intoxication- Alcoholic beverages, including caffeinated tea & coffee, cigarettes, drugs or paan. D. No meat eating/Fish. Must avoid eggs, onions & garlies as well.	
6	Strictly no pornography, illicit sexual chats, abusive messages, materialistic movies, TV serials, video games, mundane sports, music. Avoid masturbation & illicit behaviour - bad touch with male or females. Homosexuality is insane & child abuse is a punishable offense.	
7	Being equipoised balanced, Careful & Cautious, Cultivating Detached mentality Neutrality, Good service attitude, Mood of Submissiveness, good intention good bhava (emotion) in devotional act & a Smiling face	
8	Maintaining gratitude towards devotees, who inspired you, preached to you by lectures & association. Towards friends, donors, well wishers, family & people who helped you in difficulty ultimately Guru, Acharyas & Guranaga for shelter.	

9	Practise Excellent Hospitality towards guests, friends, well wishers, devotees & even to a common man.	
10	<p>A. Present Krsna conscious without adulteration/confusing others, strongly & clearly, with force, vigour & strength for the benefit of the people. Expose mayavad philosophies. Criticise that which is against krsna's instruction/Acharyas instruction.</p> <p>B. Avoid offensive gestures</p> <p>C. Communication Language & words: Avoid the language of envy & hatred. Avoid foul & vulgar language. Choose inspiring, good, positive & auspicious words.</p> <p>D. Speech - Be natural, Sastric, pure, truthful, honest, grave, sense, wisdom, humour.</p> <p>E. Avoid Gossiping / talking bitterly behind people's backs. Think pure to speak pure</p>	
11	Cleanliness of the body, mind, words & surroundings	
12	Good 7 hours' sleep - 8 pm to 3 am/convenient time - think of Krsna & chant his holy name in mind all the time while sleeping	
13	Moderate exercises, swimming, walking, stretching, masaj, oil bath, healthy food & habits. Body in the service of the lord & his devotees can be kept healthy & fit.	
14	Knowing Basic Deity worship minimum	
15	Practicing Vaishnava Brahminical Qualities & Culture. Highly self-disciplined, possessing decency and good manners, free from whimsical or eccentric behavior. Practicing proper social behavior and interactions, imbibing divine qualities, and avoiding being demoniac, rude, mean, or nasty towards others.	
16	Giving Feedback - Healthy, beneficial & valid criticism in pointing out others shortcomings, to maintain devotional standards, to uplift others /Constructive criticism/Appropriate strong criticism to save the truth.	

17	Careful not to deviate from (srila prabhupada) teachings, sastra, guru, Previous acharyas, pure devotional principles to Krsna. Anything you do let it be based on Guru Sadhu Sastra only. Mission isn't for personal material profit	
18	Respecting all living entities (through body, mind & words)	
19	Garlanding Trnad Api verse practising Humility & Mercy seeking mood in mind body & words among devotees especially	
20	By body-mind & words, Tolerate / become oblivious to personal insults & criticism that is of envy & hatred towards you. React negatively not by body mind words. Respond with logic Sastric practical answers. Defend Yourself when there is a physical attack. But a valid criticism done for deviating from pure devotional service to be taken seriously for improvement	
21	Being friendly in general, Maintain Friendship with devotees + Being merciful to the innocent + Avoid envious people, practise Non-enviousness in body, mind & words + Zero violence, insulting, bullying, mocking against humans & other living entities. & practise compassion towards all living entities. Happy in others success & supportive in serving Krsna & his Dvts letting others grow and flourish spiritually.	
22	Being open, transparent, frank & straightforward in a positive way	
23	Stay away from selfish motive & Don't contaminate others through venomous political speech, behaviour or some sort of cunningness / diplomacy for personal profit	
24	Don't associate with materialists non devotees, people of malicious intent & toxic by nature.	



25	<p>A. Serve, work under vaishnava Guru brahmana astrological advice. Being in the guidance of advanced devotees, either physically or by lectures or instructions Prabhupada books.</p> <p>B. Associate with people who are dependent on krsna, pure in character, spiritual, holy & selfless, the rest you can maintain distance. Being in good association is a must</p> <p>C. Keep yourself in the right atmosphere that is spiritually vibrant & Krsna Conscious.</p> <p>D. Among devotees avoid those who are lazy, insincere, frivolous, political & toxic in nature.</p>	
26	<p>Avoid vulgar & offensive clothes. Keep it gentle, cultural & traditional / Try to Maintain Vaisnava appearance all the time, Kanti, tilak, dhoti, Kurtha, and a chadar for men, while women are encouraged to don a saree, covering their bodies and heads gracefully. Cover your body sufficiently. Avoid using vaishnava / religious clothes to attract money women followers.</p>	
27	<p>Be wise & mature in all your dealings, Discrete, consult, Act with common sense, Be logical, Sastric, practical & Be Cool Headed.</p>	
28	<p>Mobile / social media / Internet usage timing between 9am to 9pm, restricted to important work / devotional purpose. Strictly avoid using between 9pm to 9am. Waste not a single moment unnecessarily.</p>	
29	<p>Ekadasi & Vaishnava Festival fasting observance</p>	
30	<p>Practise Sincere prayers to Guru, Gauranga, Vaishnavas, Previous Acharyas & Krsna everyday. Let it be serious, touching & deep. Pray for others too.</p>	
31	<p>Music & theatrical skills for Krsna</p>	
32	<p>Retreat every 3 months for a week - Holy Dham, Holy Association, Holy Name, Sastric studies, Deity's service</p>	
33	<p>Being sincere, serious, strict & rigid with oneself, with others have patience to bring them up</p>	

34	Stay organised - Scheduling time 24/7 in a well organised way. Direct every second towards Krsna. Schedule every hour of yours, your spiritual practice, sleep, your work etc.	
35	Serve devotees in general particularly those who are free from vice.	
36	DO NOT LOSE FAITH in the devotional process & the holy name, Continue to move forward in the path of devotion steadily at all times. Maintain Steadiness in Service to Krsna & devotees, Spiritual practice, Proper Behaviour & Attitude.	
37	Live a monk's life for one day in a week. Live pure in body, mind & words. Experience spiritual bliss (Gradually live a monk's life 7 days in a week)	
38	Cook generously & serve delicious prasad to all your friends, neighbours, well-wishers & visitors with a smiling face	
39	Movie actors, politicians, fake sadhus, athletes, social workers, artists, aren't to be worshipped or Followed. Respect Demigods, but worshipping, singing bhajans, following particular rules is not recommended in Bhagavad gita (Bg 7.20, 9.23). Only Krsna & his Pure devotees to be worshipped & served. This is Krsna conscious.	
40	Farming + Cow Protection + Producing one's own clothes & basic needs	



SR.NO	DEVOTIONAL ASPECT	PROGRESS
1	<p>Recite Bhagavad Gita : Chad! – chapter a day! BG Recitation of Sanskrit verse & English translation (Try to learn & memorise all slokas & translation of all the chapters Imp slokas min)</p>	
2	<p>Revise slokas every day & memorise new ones with translation 100 + slokas a day, Each Sloka can be chanted 10 Times min, 100 slokas multiply 10 times = 1000 times to be chanted 25 slokas from BG 25 slokas from SB 25 slokas from CC 25 slokas from other vedic scriptures Practicing 25 sastric Questions & Answers It takes 7.2 seconds for a Sloka, 2 hours for a 1000 slokas chant Goal is to Memorise 1000 + important slokas Chant 100 Slokas a day 25 slokas minimum 10 slokas at least</p>	
3	<p>Regular systematic Personal reading/Group reading of SP books & other Vedic Scriptures, 100 Pages a day, 2 min for a page, 3 1/2hrs for 100 pages min. At least 25 pages of sastra (if not 100). For Example > 25 pages of SB > 25 Pages of CC > 25 pages of BG Vedanta sutra > 25 pages of acharya books or other sastra's</p>	
4	<p>Everyday Systematic Hearing of Srila Prabhupada's lectures, lectures of Disciples of SP & lectures of His followers SP lectures – Minimum 1 hr a day SP disciples & followers – Minimum 1 hour a day (Try to hear 4 to 5 lectures a day) Timings for Hearing: in a class, while having lunch, breakfast, dinner, bathing, evacuating, serving, travelling, waiting, driving wherever you see the time gap etc. Even if you find one minute, use it to hear about Krsna. Hear only from Vaishnava Guru, Sadhu & Shastras, preferably within ISKCON society Avoid hearing from people those who are not Vaishnavas, not following 4 regulative principles strictly, not chanting minimum 16 rounds of Hare Krsna maha mantra, not free from duplicity, not having proper Vaisnava behaviour, whose words are not based on shastras & who is not surrendered to Guru & Krsna.</p>	



SR.NO	DEVOTIONAL ASPECT	PROGRESS
5	Reading Couple of stories a day from Sastra, 5 proverbs/niti slokas a day, 2 devotional articles, subhasita/wise sayings, satakas etc.	
6	VTA Courses(Shastric Study courses) Min 8 hrs in a Month .	
7	Everyday half hour kirtan in deep absorption.	
8	<p>Preach Train Care for 100 people at least - Conduct minimum one Program a Week either Personal / Online. Take effort to Recruit & Invite people by going out.</p> <p>A. Kirtan B.Lecture C. Take people out for Book Distribution D. Prasad Distribution E. spend time personally with individuals. Gradually conduct up to 7 programs a week and give a clean, strong & inspiring presentation of Krsna consciousness.</p>	
9	Practical Devotional Service / volunteering in the service of lord - serve actively 40+ hrs a week / active 8 hrs a day or one day in a week those who are not full time monks	
10	First priority is to read all Prabhupada books at least 5 -10 times each Don't read books that which don't clearly delineate Krsna conscious life or which is not a vedic scripture or which is not based on Vedic Shastras or in pursuance	

ADVANCED ASPECTS



NO	DEVOTIONAL ASPECT	PROGRESS
1	Getting initiated by a vaishnava guru in guru parampara in Gaudiya Vaisnava Sampradaya, particularly ISKCON at least by 2 - 5 years while practising seriously	
2	Practise serious Japa as if one has attained samadhi. Touch the holy name with consciousness. In trance 3 modes will not have its effect.	
3	9 stages of bhakti (Faith to Love of Krsna). One should regularly get counselled every single day / carefully introspect one's shortcomings and improve in sadhana, prayers, behaviour, service, towards Bhava / love / at least every Ekadasi. One should gradually be free from all anarthas unwanted bad habits & steady in Krsna consciousness.	
4	Setting clear spiritual goals & becoming stubborn to achieve it!	
5	Becoming Offence free in devotional life - Jiva, Nama, Dhama, Vaisnava, Seva aparadha	
6	Rigidity in Brahmacharya / Celibacy in body mind & words Zero sex life at all time	
7	Converting Anger into Resolution (Use analytical intelligence, think positive, productive beneficial for oneself & others)	
8	Free from material desire/desire for sense gratification, hatred & lamentation - be Krsna Conscious, Happy & satisfied in whatever situation Krsna keeps you.	
9	Fan the spark - By Body, mind & word! By personal conduct! By activity! Encourage, Look for Inspiration, Be inspired & Inspire others in devotional service.	
10	Always wishing the best for others! Either friend/enemy. Krsne Matir Astu - Let your attention be on Krsna	



11	Overcoming 21 Demons	
12	24 Gurus/lessons to learn	
13	Cultivating 100 + character qualities	
14	Remember to please Krsna in all acts, may Krsna be pleased. Meditate & Offer every act for Krsna's pleasure spiritual material, SB (11.2.36). In life Good/Bad, Pain/pleasure, Success/failure Krsna to be given credit & accepting everything as krsna's mercy SB(10.14.8). Meditate on these two slokas before you go to bed.	
15	Desperateness Intense greed to achieve Bhava(emotions) love for Krsna.	
16	Think of Radha & Krsna, lord chaitanya, acharyas, Vrindavan & Govardhan every second 24hrs while awake especially when you're asleep & never forget - Becoming Fully Krsna Conscious.	
17	Cultivating the characteristics of a Self-Realised person (Bg 2.55, 2.56, 2.59, 2.70, 5.18, 5.24, 6.20, 6.21, 6.22, 6.23, 9.13, 9.14, 14.26, 18.54).	
18	Keeping devotional standards high & first class in the service of Guru Gauranga, Acharyas, Vaisnavas & Krsna.	
19	Keep your community atmosphere Spiritually Vibrant & Strong. Keep devotees fully busy in spiritual practice/sadhana. service, Sastric studies, in a very good association & preaching activities. Maintain high standards & Quality people only.	
20	Ultimately, take care of sincere devotees of krsna. (Cong Full Time) spiritually & emotionally. Be Conscientious, big hearted, liberal, Kind & friendly.	

DEVOTIONAL MENTOR'S CHART



DEVOTIONAL CARE FOR NEWCOMERS - PREACH CONNECT TRAIN COUNCIL

Preach to people, Connect their heart with Krsna & His devotees, counsel to bring their standards high in devotional life and train new people to practise the below & educate in matters of self realisation & God realisation.

What are the devotional aspects new people need to be trained in ? (Minimum 36 months for a lifetime practice)

SR.NO	SPIRITUAL CARE FOR NEWCOMERS	PROGRESS
1	Train people to attend mangala arati either in person / online. Be with them.	
2	Train people to chant the maha mantra 16 rounds in sitting either in person online, Chant with them.	
3	Train people to attend darshan arati & Guru Puja either in person / online. Be with them.	
4	Train people to attend the morning Srimad Bhagavatam class everyday either in person online. Join them too.	
5	Train people to honour prasada with devotees / invite devotees & people for dinner once in 15 days. Serve them & have some Krsna katha.	
6	Train people to do some Volunteer service in Temple & serve with them.	
7	Get people to join Yatra / Spiritual Retreats. Nourish people spiritually with spiritual conversations	
8	Get People's interest in reading Srila Prabhupada's books systematically. You too should spend a minimum of an hour everyday reading.	

9	Get people to do Harinaam Sankirtan on the streets once in a week for an hour at least in their local 2 km area or further & dance with them. Gradually make it an everyday practice	
10	Get people to distribute Srila Prabhupada's books minimum once a week & join them in distribution. Gradually turn this to an everyday practice	
11	WhatsApp spiritually inspirational messages once or twice in a day to keep motivating people	
12	Call people once in two/three days find out how people are doing mentor them (new & old as well)	
13	Make home visits - Invest on People, Talk to people personally, develop personal relationship, spend time with them & encourage them to take spiritual life seriously	
14	Get people for a weekly training class of 4 hrs & Prasadam	
15	Train People to do a preaching tour. Travel to different places & preach/conduct classes & arrange cultural festivals	
16	Train People to be charitable - donate & collect materials, groceries & laxmi for Krsna	
17	Train People to give class/speech, conduct programs, write exams, volunteer & bring more people into Krsna Consciousness	
18	Go for Quality people & How to get new people's interest: Invite for Prasadam (lunch dinner), distribute books to them, invite for a program, invite for a retreat/yatra, call & talk over the phone, give a gift, give a prasad pack, involve them in volunteer service, meet personally, preach, inspire them to take up Krsna Conscious like mentioned above.	



19

Train People to have mini temple in their homes to preach the holy name of Krsna around 2 km area at least & focus on just one hundred sincere families | people.

20

Train people in 50 + aspects of the Devotional Performance chart for better performance. Follow-up, inspire, force & be after people persistently until they take Krsna conscious seriously





**tathāpi bhakta-svabhāva—maryādā-raksana
maryādā-pālana haya sādharma bhūšana**

It is the characteristic of a devotee to observe and protect the Vaisnava etiquette. Maintenance of the Vaisnava etiquette is the ornament of a devotee.

CC Antya 4.129-130

Visit Us



9760459365

www.iskconvellore.com | www.krsnaconsciouseducation.com